

# What are Bedbugs?



Bedbugs are insects the size of an apple seed. They're flat and oval in shape, with a brownish/red colour.

They can come into your home in your luggage, clothing, second-hand beds, sofas and other items.

They can live in gaps and cracks in any room.

#### **CHECK:**

- ✓ Behind fixtures
- ✓ Behind headboards
- Around and behind outlets
- Matresses and foundations
- Along baseboards, carpet, curtains and other upholstery.

#### **SIGNS TO LOOK FOR INCLUDE:**

- ✓ Bites around your face, neck and arms. Bedbugs are not known to carry diseases, but some people can experience allergic reactions to the bites.
- Spots of blood on your bedding
- Small brown spots on your bedding or furniture.

#### **ACT QUICKLY:**

If you spot them, it's important to let us know as quickly as possible so we can carry out an effective treatment before the problem spreads.





## 0300 303 1066

### hello@southernhousing.org.uk

Find out more about the process here: www.southernhousing.org.uk/bedbugs